

(1 - HTML): The UN Refugee Agency: World Humanitarian Day 2010  
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## World Humanitarian Day 2010

**"You have to find resources within yourself to cope with it."**

[Watch interview with Vincent Cochetel](#) – former head of UNHCR's Vladikavkaz office in the North Caucasus – kidnapped by gunpoint and held for 317 days.

August 19 is World Humanitarian Day.

World Humanitarian Day recognizes the efforts, challenges and personal commitment of humanitarian workers around the world who often risk their personal safety help make the world a better place.

World Humanitarian Day also commemorates humanitarian workers who have been injured or died while serving the humanitarian cause. In 2009, 278 humanitarian workers were victims of 139 serious security incidents, 92 were kidnapped and 102 humanitarian workers were killed.

Join UNHCR in solidarity to honour all humanitarians and remember the hundreds of UN and non-governmental organization workers who have risked and lost their lives in doing humanitarian work.

[Learn more about World Humanitarian Day](#)

In 2009, 102 humanitarian workers were killed, 92 humanitarian workers were kidnapped and 278 humanitarian workers were victims of 139 serious security incidents.

[Join the Emergency Response Team](#) in their life-saving work.

**UNHCR Canada is on [Twitter](#) and [Facebook](#)!**

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